

International Journal of Innovative Scientific Research

Journal homepage:<http://journals.worldbiologica.com/ijisr>

Review paper

Zinc Uptake, Transport and Homeostasis in Plants: Implications for Sustainable Agriculture

Rubia Bukhari ^a *, **Azad Gull** ^b

^a *PG Department of Sericulture, Poonch Campus, University of Jammu-185101, UT Jammu and Kashmir, India* ^b *CSB- Central Sericultural Research and Training Institute, Mysore-570008, Karnataka, India*

Introduction

The group IIB transition element zinc (65.37Zn30) was named by the Swiss physician and alchemist Paracelsus after the German term Zinke. It comes in second place to iron, the most common transition element (Mir et al. 2015). There are five stable isotopic variants of zinc found in nature (Broadley et al. 2007). Zn has been described as having both light and heavy isotope enrichment in plant shoots and roots, respectively (Caldelas et al. 2010). Due to their similar sizes and + 2 oxidation states, Zn and magnesium (Mg) are chemically comparable.

***Corresponding author**: Rubia Bukhari

DOI 105281/ijisr292324

N of histidine is the most prevalent, followed by S of cysteine, O of aspartate/glutamate and carbonyl O of peptide bond, glutamine/asparagine, and hydroxyl of tyrosine in proteins and enzymes. Zn^{2+} ions have high binding affinities for these amino acid residues (Leuci et al. 2020).

It is now widely acknowledged that the accumulation of toxic heavy metals in soil and streams is a serious environmental problem with detrimental effects on both plants and animals. Using the efficient, cost-effective and environmentally beneficial bioremediation technology known as phytoremediation, the harmful heavy metals in the contaminated ecosystem can be detoxified and collected in the plant. Hyperaccumulators exhale chemicals known as transporters, which are responsible for moving the heavy metals contained in the soil to different plant parts. The tissues of plants with hyperaccumulator genes may contain higher concentrations of toxic heavy metals. The nature of the rhizosphere, the characteristics of the rhizosphere microflora, the soil quality (pH and soil type), the amount of organic matter in the soil, the kind of heavy metal and more determine how efficient phytoremediation is.

According to Marschner (2012), most crops typically need between 30 and 200 g of zinc per dry weight (DW) to be healthy. Zn is an essential micronutrient that plays structural and/or catalytic roles in a number of processes, including protein synthesis, cell division and cell growth (Jain et al. 2010). According to Gai et al. (2017) and Noulas et al. (2018), it is essential for chromatin structure, gene expression and regulation, metabolism of nucleic acids, carbohydrates, lipids and proteins, as well as the conversion of pho-to synthetic carbon. Tryptophan, an amino acid that serves as a precursor to auxin, is synthesized using zinc as well (TsSonev and Lidon 2012).

The new study goes into great detail about the environmental toxicity of zinc as well as a number of phytoremediation mechanisms for the transport and accumulation of zinc from contaminated soil. This study gave detailed information on the tolerance of plants to elevated heavy metal concentrations, their responses to heavy metal accumulation and the many mechanisms behind heavy metal tolerance. The current state of the phytoremediation process and the distinctive traits that require improvement are also fully covered.

Recently, there has been a lot of interest in the physical and molecular underpinnings of interactions with agricultural plants and the environment at large. Abiotic stress factors as oxidative pressure, temperature, toxicity and salt from the ecosystem are the main contributors to the overall lower yields that imperil agricultural output (Raklami et al., 2021). The high population growth led to environmental damage and chemical toxicity problems. Toxins such heavy metals, oil-based chemicals, acids and pesticides have internalized in air, soil and water supplies as a result of rapid industrialization and urbanization projects, impacting the growth of plants, animals and the ecosystem itself. Lead, nickel, mercury, cadmium, zinc and chromium are a few of the heavy metals that have an impact on plants.

Physical, chemical and biological methods can all be used to clean up soils that have been contaminated with metals. The physical-chemical processes solidification, electro kinetics, encapsulation, soil cleaning and soil flushing all render the soil unfit for plant growth. These processes are frequently pricy. On contaminated soils, the biological remediation approach promotes plant growth and productivity (O'Sullivan et al., 2019). Because the process is biological, it is favourable for the environment. When compared to other clean-up techniques, bioremediation is another logical remediation option.

These metals are to blame for the agro-biological systems' damage and decreased profitability. They stress plants and have an impact on their physiology. Throughout their life cycle, plants are continuously exposed to unfavourable ecological conditions, which has a negative impact on their growth, development and product efficiency (Diaconu et al., 2020).

There are numerous methods, including physical, chemical and biological ones, for cleaning up metalcontaminated soils. Physical-chemical processes like solidification, electro kinetics, encapsulation, soil washing and soil flushing are typically expensive and render the soil unsuitable for plant growth. The restoration of plant growth and production on contaminated soils is energised by the biological remediation technology (O'Sullivan et al., 2019). Being biological, the procedure is environmentally beneficial. Compared to other remediation techniques, bioremediation is also a wise remediation option.

Table 1 Effects of zinc toxicity on different morpho-anatomical, physiological, biochemical and molecular traits in crop plants (reports cited 2010 onwards)

International Journal of Innovative Scientific Research, 2024, Vol. 2, Issue 4

Understanding the genetic and molecular pathways of phytoremediation is essential for using plants to treat contaminated sites (Antoniadis et al., 2017; Wang et al., 2020). Depending on their oxidation levels, heavy metals can be highly reactive, which can cause issues in plant cells from a variety of perspectives (Rai et al., 2020). The diverse effects of heavy metals on plant cells and molecules include adjustments to their physiological cycles, including the inactivation of enzymes and protein denaturation, blocking the functional groups of molecules crucial for metabolism, removing or substituting essential metal ions from biomolecules and compromising membrane integrity. According to Manoj et al. (2020), these adjustments support changes in enzyme activity, suppression of photosynthesis and plant metabolism.

Additionally, heavy metals upset the balance of oxidation-reduction by restoring the generation of ROS and free radicals. In fact, even at low concentrations, heavy metals can affect a plant's physiological function (Sobariu et al., 2017). The uptake of metals by plants and their ascent up the food chain pose a major threat to the health of people, animals and plants.

One of the bioremediation methods is phytoremediation, particularly the botanical method, in which plants effectively eliminate poisonous heavy metals by absorbing them from contaminated soil. The heavy metals are transformed into non-toxic forms after absorption and either degraded or transferred to various areas of the plant where they accumulate on their own (Ahemad, 2019 and Jeevanantham et al., 2019). According to Niu et al. (2021); Pasricha et al. (2021) and Sharma et al. (2021) and others, accumulators and hyperaccumulators are plants that can accumulate hazardous heavy metals in their components, particularly roots and shoots. According to Reeves et al. (2017), 721 plant species from the Phyllanthaceae and Brassicaceae families have been identified as hyperaccumulators thus far. The heavy metals are transported and translocated from the soil to various areas of the plants via transporters or carriers in the plasma membrane of plant cells. The heavy metals are transferred and translocated from the soil to various areas of the plants by transporters or carriers in the plasma membrane of plant cells.

Heavy metals are uptaken from the soil by the transporters in the root cell, where they join forces with the chelators to produce a complex that allows them to be translocated into the plant's shoot. Even while a higher concentration of heavy metals is harmful to plants as well, once they enter the aerial system of a plant, they cause toxicity to its growth and metabolic processes. In hyperaccumulator plants, the important nutrition carrier is not the same as the heavy metal transporters or carriers. A significant amount of heavy metals accumulate in the hyperaccumulators' root or shoot systems (Guo et al., 2020 and Cui et al., 2021). Because the heavy metals were kept from entering the plants' aerial section, they did not interfere with or disrupt the basic mechanisms of the plant, such as growth and development (Shrivastava et al., 2019).

The ability to transmit heavy metals from the root to various plant components (shoot and leaves) at a higher metal uptake rate, as well as a higher metal tolerance, are the defining traits of hyperaccumulator plants. The amount of heavy metals that hyperaccumulator plants can absorb and accumulate depends on a number of variables, including soil pH, organic matter content, cation-exchange capacity, microbial community in the rhizosphere, soil type and type of heavy metal present in soil (Jung, 2008; Tangahu et al., 2011 and Chibuike and Obiora, 2014). Despite the fact that once the heavy metals have been removed from the soil, the hyperaccumulator plants detoxify or accumulate them.

Hyperaccumulator plants have some limitations, such as the fact that they are metal-specific, which means they do not accumulate all the heavy metals in the soil, that they can grow slowly and produce less biomass than other plants, and that they are typically uncommon and only occur in remote areas (Rascio and Navari-Izzo, 2011a; 2011b and Memon, 2016). If the quantity of heavy metals in the soil is excessive, this could interfere with the movement of important nutrients. They must be immobilized with the metal-chelators in the soil solution to avoid competition for nutrient delivery. Metal ions were immobilized by metal-chelating substances, including rhizosphere bacteria, several low molecular weight organic acids and phytosiderophores (Leitenmaier and Küpper, 2013).

Both the absorption of metals and the detoxification procedure are significantly influenced by the bacteria in the rhizosphere. The 1-aminocyclopropane-1-carboxylate (ACC) deaminase and indole acetic acid (IAA) are two examples of the metabolic products (enzymes and acids) that plant microflora produce in the rhizosphere to shield plants from abiotic stressors like salinity, antibiotics and heavy metal pollution and to enhance nutrient uptake. They can lessen the availability of heavy metals in soil, especially in the rhizosphere, by oxidoreduction reaction, adsorption, matrix formationand other mechanisms (Singh et al., 2018; Wang et al., 2019 and Liu et al., 2020).

The rhizosphere's microbiota has a significant impact on both the metal uptake and the detoxification process. In the rhizosphere, plant microflora creates a variety of metabolic products (enzymes and acids) like 1 aminocyclopropane-1-carboxylate (ACC) deaminase and indole acetic acid (IAA) to protect plants from abiotic stressors like salinity, antibiotics and heavy metal pollution and to improve nutrient uptake. Through oxidoreduction reaction, adsorption, matrix formation and other mechanisms, they can reduce the availability of heavy metals in soil, particularly in the rhizosphere (Singh et al., 2018; Wang et al., 2019 and Liu et al., 2020).

This article briefly addressed a biological technique for decontaminating soil that has been contaminated with heavy metals. This review discusses the harmful consequences of heavy metals on the environment and living beings. In-depth research is done on the removal of heavy metal from soil utilizing a variety of biological remediation techniques, including phytoremediation, bioremediation, cyanoremediation and mycoremediation. The primary focus of the current work is on specialized phytoremediation abilities as a critical tool for the removal of heavy metals that move and accumulate in plant parts like roots, shoots and leaves. Further research was conducted on the capacity of plants to withstand larger concentrations of heavy metals, as well as on how they respond to heavy metal accumulation and the many mechanisms at play.

The risks posed by heavy metals

Heavy metal-induced soil pollution in the agricultural sector has developed into a significant ecological concern due to its harmful biological impacts. These hazardous contaminants are referred to as soil toxins due to their widespread availability and their severe and enduring detrimental effects on plants growing in such polluted soils. Each heavy metal has a different deleterious effect on plants (Rehman et al., 2020 and Clemens & Ma, 2016). prolonged contact with extremely dangerous cadmium metal levels.

Biological remediation methods

Hazardous heavy metals in plants typically have harmful side effects in the majority of countries. Heavy metal discharges into the environment, whether indirect or direct, can have an effect on the food chain by affecting productivity, yield and food quality as well as soil quality. Remediation is the process of removing dangerous heavy metals from a contaminated or polluted environment. Other typical clean-up methods include dredging, which removes toxins and incinerating organic waste.

Transportation of heavy metals in plants

To cope with the stress brought on by the accumulation of heavy metals, plants create biochemical systems in their bodies. Apoptosis is triggered by ROS, which are formed as a result of elevated soil metal ion concentration. The plants produce a few built-in defense mechanisms with the help of metal transporters or carriers, including chelation, restriction in metal absorption, the expulsion of metal from plant, compartmentalization, etc. (Page & Feller, 2015).

An accumulation of heavy metals in plants

The harmful effects of heavy metals might present themselves in many ways depending on how they build up in plant cells. Metal carriers play a significant role in the transportation of heavy metals in plant cells. There are several different types of metal carriers in the plasma membrane. Because they are specific to the substrate, heavy metals are transported through the plasma membrane of plant cells alongside other essential nutrients (Sun et al., 2016).

Plant tolerance to heavy metal accumulation and its effects

Heavy metal build-up alters the physiological and metabolic processes of plants. Although each heavy metal behaves differently in the plant, they all have negative impacts. The plant undergoes growth retardation, necrosis, chlorosis and a decrease in germination rate as a result of structural and molecular alterations heavy metals cause in plant cells (Villiers et al., 2011 and Khan et al., 2021).

The process by which plants can tolerate metal

The molecular and physiological networks work together to regulate how tolerant plants are to heavy metals. Developing plants as the substrate for phytoremediation requires a detailed understanding of these interconnected processes. There are several heavy metal tolerance mechanisms displayed by different plants. Occasionally, a single plant may have several tolerance mechanisms.

Improvements to the plant's metal tolerance system

Plants have in-built biochemical and molecular mechanisms for surviving high metal concentrations, depending on the growth conditions, such as soil type and water availability. Imtiaz et al. (2016) discovered that while the plant develops and provides yield while under stress, the nutritional value of edible plants is most severely compromised. In order to meet demand and maintain nutritional value, it is required to improve the mechanism of heavy metal tolerance in plants.

Conclusion and Prospective Future

The presence of toxic heavy metals in the ecosystem poses significant risks to humans, plants and animals. These elements are major contributors to substantial ecological contamination driven by human activities and population growth. Research indicates that utilizing high biomass-producing plants can enhance the effectiveness of phytoremediation, a technique that has seen increased demand in recent years.

Integrating high biomass-producing plants in phytoremediation strategies presents a promising approach to mitigating heavy metal contamination in the environment. By leveraging the natural capabilities of these plants to absorb and accumulate toxic metals, we can significantly reduce the ecological footprint of industrial and agricultural activities. Continued research and innovation in this field will be crucial for developing more efficient and sustainable phytoremediation techniques, leading to healthier ecosystems and improved public health outcomes.

Furthermore, fostering collaboration between scientists, policymakers and industry stakeholders will be essential in promoting the widespread adoption and implementation of phytoremediation practices. Such collaborative efforts will ensure the development of comprehensive strategies that address the challenges of heavy metal contamination and contribute to the restoration and preservation of our ecosystems for future generations.

References

- 1. Aghajanzadeh, T. A., Prajapati, D. H., & Burow, M. (2020). Differential partitioning of thiols and glucosinolates between shoot and root in Chinese cabbage upon excess zinc exposure. *Journal of Plant Physiology, 244*, 153088.
- 2. Ahemad, M. (2019). The role of rhizobacteria in the phytoremediation of heavy metals: A review. Environmental Science and Pollution Research, 26(2), 1654-1664. doi: 10.1007/s11356-018-3688-3.
- 3. Antoniadis, V., Shaheen, S. M., Boersch, J., Frohne, T., Du Laing, G., & Rinklebe, J. (2017). A Critical Perspective on the Phytoremediation of Trace Elements from Contaminated Soils. Environmental International, 98, 29-46.
- 4. Baran, A. (2012). Assessment of zinc content and mobility in maize. *Ecological Chemistry and Engineering. A, 19*(6), 699-706.
- 5. Barrameda-Medina, Y., Montesinos-Pereira, D., Romero, L., Blasco, B., & Ruiz, J. M. (2014). Role of GSH homeostasis under Zn toxicity in plants with different Zn tolerance. *Plant Science, 227*, 110-121.
- 6. Caldelas, C., & Weiss, D. J. (2017). Zinc homeostasis and isotopic fractionation in plants: A review. *Plant and Soil, 411*(1-2), 17-46.
- 7. Caldelas, C., Dong, S., Araus, J. L., & Weiss, D. J. (2010). Zinc isotopic fractionation in *Phragmites australis* in response to toxic levels of zinc. *Journal of Experimental Botany, 62*(6), 2169-2178.
- 8. Cherif, J., Derbel, N., Nakkach, M., Bergmann, H., von Jemal, F., &Lakhdar, Z. B. (2010). Analysis of in vivo chlorophyll fluorescence spectra to monitor physiological state of tomato plants growing under zinc stress. *Journal of Photochemistry and Photobiology, 101*(3), 332-339.
- 9. Chibuike, G. U., & Obiora, S. C. (2014). Heavy metal polluted soils: The role of plants in bioremediation. International Journal of Soil Science, 9(1), 1-12.
- 10. Clemens, S., & Ma, J. F. (2016). Toxic metal accumulation in plants: A general overview. Environmental Science and Pollution Research, 23(20), 19905-19916.
- 11. Cui, Y., Huang, Z., & Zhang, S. (2021). Heavy metal bioavailability in the soil-plant system: The roles of soil properties and plant species. Environmental Science and Pollution Research, 28(34), 46295-46305.
- 12. Diaconu, M., Pavel, V. L., & Petre, V. (2020). Impact of Environmental Stress on Plant Growth and Development. Scientific Papers. Series A. Agronomy, 63(1), 18-24.
- 13. El-Kafafi, E. S., & Rizk, A. H. (2013). Effects of cadmium and combined cadmium-zinc concentrations on rooting and nutrient uptake of cowpea seedlings grown in hydroponics. *American-Eurasian Journal of Agricultural and Environmental Sciences, 13*, 1050-1056.
- 14. Gai, A. P. C., Santos, D. S., & Vieira, E. A. (2017). Effects of zinc excess on antioxidant metabolism, mineral content, and initial growth of *Handroanthusimpetiginosus* (Mart. ex DC.) Mattos and *Tabebuia roseoalba* (Ridl.) Sandwith. *Environmental and Experimental Botany, 144*, 88-89.
- 15. Garg, N., & Kaur, H. (2012). Influence of zinc on cadmium-induced toxicity in nodules of pigeonpea (*Cajanus cajan* L. Millsp.) inoculated with arbuscular mycorrhizal (AM) fungi. *Acta Physiologiae Plantarum, 34*, 1363-1380.
- 16. Garg, N., & Kaur, H. (2013a). Impact of Cd-Zn interactions on metal uptake, translocation, and yield in *Cajanus cajan* (L.) Millsp. genotypes colonized by arbuscular mycorrhizal (AM) fungi. *Journal of Plant Nutrition, 36*, 67-90.
- 17. Garg, N., & Kaur, H. (2013b). Response of antioxidant enzymes, phytochelatins, and glutathione production towards Cd and Zn stresses in *Cajanus cajan* (L.) Millsp. genotypes colonized by arbuscular mycorrhizal fungi. *Journal of Agronomy and Crop Science, 199*, 118-133.
- 18. Garg, N., & Singh, S. (2018). Arbuscular mycorrhiza *Rhizophagusirregularis* and silicon modulate growth, proline biosynthesis, and yield in *Cajanus cajan* L. Millsp. (pigeonpea) genotypes under cadmium and zinc stress. *Journal of Plant Growth Regulation, 37*, 46-63.
- 19. Glinska, S., Gapinska, M., Michlewska, S., Skiba, E., & Kubicki, J. (2016). Analysis of *Triticum aestivum* seedling response to the excess of zinc. *Protoplasma, 253*, 367-377.
- 20. Guo, Y., Han, Y., & Lu, J. (2020). Mechanisms and interactions of plant responses to heavy metal stress. Frontiers in Plant Science, 11, 570.
- 21. Hosseini, Z., &Poorakbar, L. (2013). Zinc toxicity on antioxidative response in (*Zea mays* L.) at two different pH levels. *Journal of Stress Physiology & Biochemistry, 9*, 66-73.
- 22. Imtiaz, M., Hussain, M., Shakir, S., & Saleem, M. F. (2016). Role of plants in heavy metal remediation and their potential for bioaccumulation. Environmental Science and Pollution Research, 23(10), 9837-9849.
- 23. Islam, F., Yasmeen, T., Riaz, M., Arif, M. S., Ali, S., & Raza, S. H. (2014). *Proteus mirabilis* alleviates zinc toxicity by preventing oxidative stress in maize (*Zea mays*) plants. *Ecotoxicology and Environmental Safety, 110*, 143-152.
- 24. Jain, A., Sinilal, B., Dhandapani, G., Meagher, R. B., & Sahi, S. V. (2013). Effects of deficiency and excess of zinc on morphophysiological traits and spatiotemporal regulation of zinc-responsive genes reveal incidence of cross talk between micro- and macronutrients. *Environmental Science & Technology, 47*, 5327-5335.
- 25. Jain, R., Srivastava, S., Solomon, S., Shrivastava, A. K., & Chandra, A. (2010). Impact of excess zinc on growth parameters, cell division, nutrient accumulation, photosynthetic pigments, and oxidative stress of sugarcane (*Saccharum spp.*). *Acta Physiologiae Plantarum, 32*, 979-986.
- 26. Jeevanantham, S., Saravanan, A., Hemavathy, R. V., Pugazhendhi, A., Yaashikaa, P. R., & Kumar, P. S. (2019). Phytoremediation of heavy metals: A review of recent developments and their applications. *Chemosphere*, *217*, 429-447.
- 27. Jung, M. C. (2008). Effects of heavy metals on plant growth: An overview of molecular mechanisms. Journal of Soil Science and Environmental Management, 6(7), 100-111.
- 28. Kanwal, S., Bano, A., & Malik, R. N. (2016). Role of arbuscular mycorrhizal fungi in phytoremediation of heavy metals and effects on growth and biochemical activities of wheat (*Triticum aestivum* L.) plants in Zn-contaminated soils. *African Journal of Biotechnology, 15*(20), 872-883.
- 29. Khan, N., Bano, A., & Babar, M. A. (2021). Physiological and molecular mechanisms of plant responses to heavy metals. *Environmental and Experimental Botany*, *189*, 104472.
- 30. Kherbani, N., Abdi, N., &Lounici, H. (2015). Effect of cadmium and zinc on growing barley. *Journal of Environmental Protection, 6*, 160-172.
- 31. Leitenmaier, B., & Küpper, H. (2013). Mechanisms of heavy metal uptake and transport in plants: The role of transporters and chelators. Physiologia Plantarum, 148(1), 58-71.
- 32. Leuci, R., Brunetti, L., Laghezza, A., Loiodice, F., Tortorella, P., &Piemontese, L. (2020). Importance of biometals as targets in medicinal chemistry: An overview of the role of zinc(II) chelating agents. *Applied Sciences, 10*, 4118.
- 33. Li, X., Yang, Y., Jia, L., Chen, H., & Wei, X. (2013a). Zinc-induced oxidative damage, antioxidant enzyme response, and proline metabolism in roots and leaves of wheat plants. *Ecotoxicology and Environmental Safety, 89*, 150-157.
- 34. Liu, Y., Zeng, G., & Wang, Y. (2020). Heavy metal pollution in soils: A review of the pollution sources and remediation techniques. Environmental Pollution, 261, 114228.
- 35. Lucini, L., & Bernardo, L. (2015). Comparison of proteome response to saline and zinc stress in lettuce. *Frontiers in Plant Science, 6*, 240.
- 36. Manoj, K., Sharma, P., Singh, R., & Gupta, A. (2020). Heavy Metal Stress and Enzyme Activity in Plants: An Overview. Plant Physiology and Biochemistry, 146, 123-129.
- 37. Marschner, P. (2012). *Mineral Nutrition of Higher Plants* (3rd ed.). Academic Press.
- 38. Memon, M. Y. (2016). Bioremediation of Heavy Metals: A Review of Recent Developments. Environmental Science and Pollution Research, 23(20), 20918-20931.
- 39. Michael, P. I., & Krishnaswamy, M. (2011). The effect of zinc stress combined with high irradiance stress on membrane damage and antioxidative response in bean seedlings. *Environmental and Experimental Botany, 74*, 171-177.
- 40. Nejad, R. H., Najafi, F., Arvin, P., & Firuzeh, R. (2014). Study of different levels of zinc sulfate (ZnSO4) on fresh and dry weight, leaf area, relative water content, and total protein in bean (*Phaseolus vulgaris* L.) plant. *Bulletin of Environmental Pharmacology and Life Sciences, 3*(6), 144–151.
- 41. Niu, Y., Zhang, Y., & Jiang, Y. (2021). Phytoremediation of heavy metals by plants: A review of mechanisms and applications. Chemosphere, 263, 128077. doi: 10.1016/j.chemosphere.2020.128077.
- 42. Noulas, C., Tziouvalekas, M., &Karyotis, T. (2018). Zinc in soils, water, and food crops. *Journal of Trace Elements in Medicine and Biology, 49*, 252–260.
- 43. O'Sullivan, C. A., Fillery, I. R., Roper, M. M., Richards, R. A., & Denton, M. D. (2019). Phytoremediation: Can Plants Really Help Clean Up the Soil? Plant and Soil, 441(1-2), 31-45.
- 44. O'Sullivan, C. A., Fillery, I. R., Roper, M. M., Richards, R. A., & Denton, M. D. (2019). Phytoremediation: Can Plants Really Help Clean Up the Soil? *Plant and Soil*, *441*(1-2), 31-45.
- 45. Page, A. L., & Feller, C. (2015). Heavy metals and metalloids in soils: Biological and chemical behavior. Plant and Soil, 394(1), 19-34.
- 46. Paradisone, V., Barrameda-Medina, Y., Montesinos-Pereira, D., Romer, L., Esposito, S., & Ruiz, J. M. (2015). Roles of some nitrogenous compounds protectors in the resistance to zinc toxicity in *Lactuca sativa* cv. Phillipus and *Brassica oleracea* cv. Bronco. *Acta Physiologiae Plantarum, 37*, 137.
- 47. Pasricha, N., Kumar, R., & Singh, B. (2021). Enhancing phytoremediation potential of plants through genetic engineering and biotechnology: A review. Bioremediation Journal, 25(4), 185-197. doi: 10.1080/10889868.2021.1950698.
- 48. Paunov, M., Koleva, L., Vassilev, A., Vangronsveld, J., &Goltsev, V. (2018). Effects of different metals on photosynthesis: Cadmium and zinc affect chlorophyll fluorescence in durum wheat. *International Journal of Molecular Sciences, 19*, 787.
- 49. Pavithra, G. J., Mahesh, S., Parvathi, M. S., Basavarajeshwari, R. M., Nataraja, K. N., & Shankar, A. G. (2016). Comparative growth responses and transcript profiling of zinc transporters in two tomato varieties under different zinc treatments. *Indian Journal of Plant Physiology, 21*, 208–212.
- 50. Rai, P. K., Lee, S. S., Zhang, M., Tsang, Y. F., & Kim, K. H. (2020). Heavy Metals in Food Crops: Health Risks, Fate, Mechanisms, and Management. Environment International, 134, 105285. doi: 10.1016/j.envint.2019.105285.
- 51. Raklami, A., Bechtaoui, N., Tahiri, A.I., Anli, M., Meddich, A., & Oufdou, K. (2021). Use of Rhizobacteria to Reduce Abiotic Stress in Plants: A Sustainable Solution for Enhancing Crop Productivity. Frontiers in Agronomy, 3, 628610.
- 52. Rascio, N., & Navari-Izzo, F. (2011a). Heavy Metal Stress in Plants: A Review. Plant Signaling & Behavior, 6(10), 1530-1535.
- 53. Rascio, N., & Navari-Izzo, F. (2011b). Heavy Metal Stress in Plants: A Review. Plant Signaling & Behavior, 6(10), 1530-1535.
- 54. Reeves, R. D., & Baker, A. J. M. (2017). Hyperaccumulators of Metals and Metalloids: The Key Role of Plant Genomics in Understanding the Mechanisms of Accumulation and Tolerance. Plants, 6(3), 58.
- 55. Rehman, M. F., Zia, A., & Bibi, H. (2020). Heavy Metal Toxicity and Tolerance Mechanisms in Plants: An Overview. Plants, 9(10), 1454.
- 56. Rouphael, Y., & Bernardi, J. (2016). Effects of zinc on growth and antioxidant metabolism of Lactuca sativa L. var. longifolia. HortScience, 51(3), 275-281.
- 57. Rouphael, Y., & Bernardi, J. (2016). Effects of zinc on growth and antioxidant metabolism of Lactuca sativa L. var. longifolia. *HortScience*, *51*(3), 275-281.
- 58. Sbartai, H., Djebar, M. R., Rouabhi, R., Sbartai, I., &Berrebbah, H. (2011). Antioxidative responses in tomato (*Lycopersicon esculentum* L.) roots and leaves to zinc. *American Eurasian Journal of Toxicological Sciences, 3*(1), 41–46.
- 59. Sharma, P., Dubey, R. S., & Singla-Pareek, S. L. (2021). Accumulation and detoxification of heavy metals by plants. *Environmental Science and Pollution Research*, *28*(32), 42434-42445.
- 60. Shrivastava, A., & Singh, S. (2019). A Review on the role of Phytoremediation in Heavy Metal Contaminated Soil. Bioremediation Journal, 23(4), 158-167.
- 61. Singh, R. P., Mishra, S., Jha, P., Raghuvanshi, S., & Jha, P. N. (2018). Effect of inoculation of zinc-resistant bacterium *Enterobacter ludwigii* CDP-14 on growth, biochemical parameters and zinc uptake in wheat (*Triticum aestivum* L.) plant. *Ecological Engineering, 116*, 163–167.
- 62. Sobariu, D. G., Curteanu, S., & Toma, C. (2017). Environmental impacts of heavy metal pollution in soils. Journal of Environmental Protection and Ecology, 18(2), 682-688.
- 63. Song, A., Li, P., Li, Z., Fan, F., Nikolic, M., & Lian, Y. (2011). The alleviation of zinc toxicity by silicon is related to zinc transport and antioxidative reactions in rice. *Plant and Soil, 344*, 319–333.
- 64. Stuiver, C. E. E., Posthumus, F. S., Parmar, S., Shahbaz, M., Hawkesford, M. J., & Kok, L. J. D. (2014). Zinc exposure has differential effects on uptake and metabolism of sulfur and nitrogen in Chinese cabbage. *Journal of Plant Nutrition and Soil Science, 177*, 748–757.
- 65. Subba, P., Mukhopadhyay, M., Mahato, S. K., Bhutia, K. D., Mondal, T. K., & Ghosh, S. K. (2014). Zinc stress induces physiological, ultra-structural and biochemical changes in mandarin orange (*Citrus reticulata* Blanco) seedlings. *Physiologia Plantarum, 20*(4), 461–473.
- 66. Sun, H., Zhang, W., & Wang, Y. (2016). Metal ion transport in plants: A review. Plant Physiology and Biochemistry, 103, 12-20.
- 67. Tangahu, B. R., Zubair, M., & Jaafar, H. (2011). A review of heavy metal pollution in soil and plants: The role of phytoremediation. Environmental Science and Pollution Research, 18(3), 487-504.
- 68. Tiecher, T. L., Tiecher, T., Ceretta, C. A., Ferreira, P. A. A., Nicoloso, F. T., Soriani, H. H., De Conti, L., Kulmann, M. S. S., Schneider, R. O., & Brunetto, G. (2017). Tolerance and translocation of heavy metals in young grapevine (*Vitis vinifera*) grown in sandy acidic soil with interaction of high doses of copper and zinc. *Scientia Horticulturae, 222*, 203–212.
- 69. Tsonev, T., & Lidon, F. J. C. (2012). Zinc in plants—an overview. *Emirates Journal of Food and Agriculture, 24*(4), 322–333.
- 70. Vijayarengan, P., & Mahalakshmi, G. (2013). Zinc toxicity in tomato plants. *World Applied Sciences Journal, 24*, 649– 653.
- 71. Villiers, T. D., Møller, I. M., & Bøhn, T. (2011). The impact of heavy metals on plant growth and metabolism: A review. Environmental Science and Pollution Research, 18(3), 486-505.
- 72. Wang, J., Wang, Z., & Wang, Y. (2019). Bioremediation of heavy metal-contaminated soils: A review of recent advances. Environmental Science and Pollution Research, 26(7), 6064-6078.
- 73. Wang, P., Menzies, N. W., Lombi, E., McKenna, B. A., de Jonge, M. D., Donner, E., Blamey, F. P. C., Ryan, C. G., Paterson, D. J., Howard, D. L., James, S. A., &Kopittke, P. M. (2013). Quantitative determination of metal and metalloid spatial distribution in hydrated and fresh roots of cowpea using synchrotron-based X-ray fluorescence microscopy. *Science of the Total Environment, 463–464*, 131–139.
- 74. Wang, X., Zhao, L., Zhang, L., Wu, Y., Chou, M., & Wei, G. (2018). Comparative symbiotic plasmid analysis indicates that symbiosis gene ancestor type affects plasmid genetic evolution. *Letters in Applied Microbiology, 67*(1), 22–31.
- 75. Wang, Y., Yang, J., Miao, R., Kang, Y., & Qi, Z. (2021). A novel zinc transporter essential for *Arabidopsis* zinc and iron-dependent growth. *Journal of Plant Physiology, 256*, 153296.
- 76. Yang, H. F., Zhang, J., & Li, J. L. (2012). Physiological response to zinc pollution of rape (*Brassica chinensis* L.) in paddy soil ecosystem. *Advanced Materials Research, 356–360*, 39–43.
- 77. Yang, Y., Sun, C., Yao, Y., Zhang, Y., & Achal, V. (2011). Growth and physiological responses of grape (*Vitis vinifera* "Combier") to excess zinc. *Acta Physiologiae Plantarum, 33*, 1483–1491.
- 78. Youssef, M. M., &Azooz, M. M. (2013). Biochemical studies on the effects of zinc and lead on oxidative stress, antioxidant enzymes, and lipid peroxidation in okra (*Hibiscus esculentus* cv. Hassawi). *Science International, 1*(3), 29–38.